

# Do you know how you would help someone in a crisis?

**We can all play a part in suicide prevention.**

## QPR. Question, Persuade, Refer Training

Topics covered in the training:

- How to Question, Persuade, and Refer someone who may be suicidal
- How to get help for yourself or learn more about preventing suicide
- The common causes of suicidal behavior
- The warning signs of suicide
- How to get help for someone in crisis

When: **Tuesday, November 10th 5-6pm**

**Monday, December 7th from 12-1pm**

The training will be conducted virtually via ZOOM. To register, please email Lauren Brown at [lauren.namigreaterwheeling@gmail.com](mailto:lauren.namigreaterwheeling@gmail.com) or call 304-905-0635. Once registered, ZOOM information will be emailed to you.

