



Shaeffer Campbell Covered Bridge-Belmont County

Mental Health and Recovery Board FY2020

Report to the Community

**Serving the residents and
communities from Belmont, Harrison,
and Monroe Counties**

MISSION

Our mission is to foster a mental health and addiction system of care, in partnership with the community, and built upon our collective strengths and principles of recovery.

VISION

The Mental Health and Recovery Board is committed to providing residents in our community a pathway to healthier lives through quality mental health, alcohol and drug prevention, treatment, and support services

THE MENTAL HEALTH and RECOVERY SERVICES BOARD is one of 50 bodies created by the Ohio Legislature with the responsibility to plan, develop, fund, administer, and evaluate the local system of public mental health and addiction treatment and prevention services and supports.

The volunteer Board of Directors serving in FY 2020 were:

Richard Schenk, *Chairperson*
Tom Foster, *Vice Chairperson*
Mary Potter, *Secretary/Treasurer (resigned 12/14/19)*
MaryEllen Gust, *Secretary/Treasurer*

John Carr
Jennifer Johnson
Anita Kelly
Naoma Kolkedy
James Leos

Brenda Rinkes
Allie Starr
Jacquetta Stephen
Joe Vavra
Deb Yeater

WE PARTNER WITH:

- **Criminal Justice** to develop drug courts, CIT teams, and treatment interventions to save lives, decrease recidivism, and maintain healthy and safe communities.
- **Schools** to incorporate prevention and wellness into their classrooms and work environment as well as provide intervention services to children and youth.
- **Individuals and Families** to participate in planning, developing, and implementing services and supports in our communities.
- **Other Social Services Organizations** such as Family and Children First Councils, Children's Services, BHN Alliance to leverage resources and ensure that services provided by multiple systems are integrated and accessible.
- **State and Private Hospitals** to ensure access to quality inpatient care, clinically driven discharges, and successful re-integration back into community services.
- **With Our Provider Network** to assure high quality, accessible, and evidence-based prevention and treatment services, recovery supports, and other services designed to respond to community needs.
- **Other Local ADAMH Boards** to share resources and ideas to maximize the return on taxpayer funding.

BOARD STAFF:

Lisa Ward PC, *Executive Director*

Yukiko Comstock, *Associate Director, Clinical & Support Services Care Management*

Patty Allen, *Associate Director, Systems Planning and Development*

Wendy S. McKivitz, *Fiscal Officer*

Rachel Scott, *Fiscal and Information Specialist*

Judi K. Hanse, *Executive Secretary*

OUR PROVIDERS

Crossroads Counseling Services

740-695-9447

Crossroads Counseling Services is an organization that specializes in addiction services, to include the treatment of substance abuse and related disorders such as eating disorders, compulsive gambling, anger control, and dual diagnoses.

Southeast, Inc.

740-695-9344

Southeast, Inc. of Belmont, Harrison, and Monroe Counties provides consumer-oriented services, including outpatient counseling for adults and children, crisis intervention, community psychiatric support (case management), medication management, children's partial program, and primary care services.

Student Services

740-676-4815

Student Services is a school based, not for profit agency that has been providing prevention, early intervention, and support services for 36 years. These services are designed to help students develop skills to succeed in school, and to lead healthy, productive, positive lives.

The Village Network

740-526-0204

The Village Network is a multi-discipline inpatient and outpatient behavioral health organization helping the citizens of Ohio at multiple locations with outpatient clinics, residential, day treatment, treatment foster care, respite care, court intervention, alternative schooling, and adoption services.

Tri-County Help Center

740-695-5441

Tri-County Help Center is a trauma informed, mental health agency that specializes in working with victims/survivors of violence. Our mental health recovery program believes in a client directed recovery process and recognizes the need for hope, meaningful activities, spirituality, cultural understanding, education, and socialization.

REVENUE AND EXPENSE REPORT - FY2020

REVENUE

| | | |
|---------------|--------------|------|
| Federal Funds | \$ 630,904 | 11% |
| State Funds | \$ 2,524,558 | 45% |
| Local Funds | \$ 2,498,873 | 44% |
| Total Revenue | \$ 5,654,335 | 100% |

EXPENSE

| | | |
|-----------------------------|--------------|------|
| Board Operation | \$ 560,620 | 14% |
| Provider Contracts | \$ 3,357,431 | 81% |
| Provider Operations Support | \$ 216,586 | 5% |
| Total Expenses | \$ 4,134,637 | 100% |

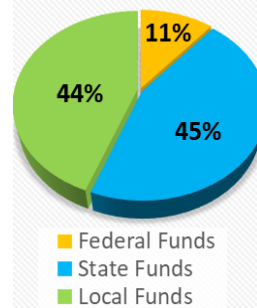
Services Provided

| | | |
|---------------|--------------|-----|
| Mental Health | \$ 2,073,846 | 62% |
| Alcohol/Drug | \$ 1,283,585 | 38% |
| Total | \$ 3,357,431 | |

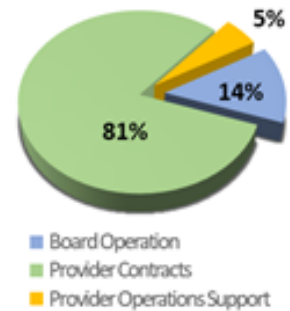
Types of Services Provided

| | | |
|------------------------------|--------------|-----|
| Adult Residential & Supports | \$ 911,336 | 27% |
| Youth Residential & Respite | \$ 159,249 | 5% |
| Youth Community Supports | \$ 343,980 | 10% |
| Counseling & Treatment | \$ 1,317,704 | 39% |
| Crisis Counseling | \$ 75,270 | 2% |
| Prevention | \$ 484,881 | 14% |
| Community Supports | \$ 65,011 | 2% |
| Total | \$ 3,357,431 | |

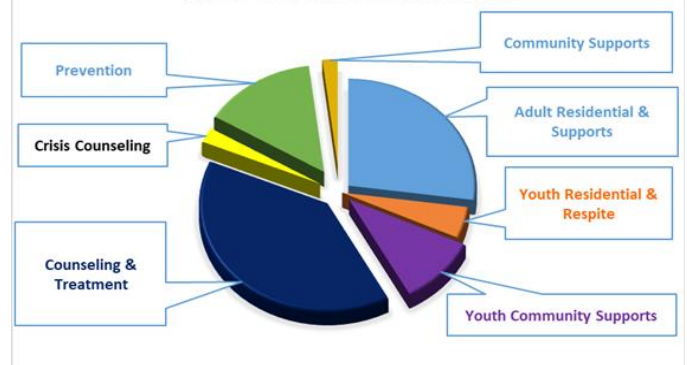
REVENUE



EXPENSES



TYPES OF SERVICES PROVIDED



FROM THE DIRECTOR

Dear Community Members,

2020 was a successful year in our continued effort to build on our recovery-oriented system of care. Highlights include:

- Supporting children and families to succeed has always been a priority for our Board. We were happy to introduce PAX (Peace, Productivity, Health, and Happiness) Good Behavior Game into our local school districts. PAX is an evidence-based tool that is effective in preventing disruptive activity and promoting necessary skills for students to self-regulate their emotions, control their behavior, and improve their relationships with teachers and other students. The training involved 120 staff from 7 area schools.
- To help law enforcement learn more about mental illness, substance use, and how to improve encounters, the MHR Board hosted a Crisis Intervention Team (CIT) training. 21 law enforcement officers were trained and graduated from the three-day program.

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FROM THE DIRECTOR CONTINUED



Twenty-seven law enforcement officials, dispatch officers, and first responders graduated on November 8th, 2019 representing the following departments: Ohio State Highway Patrol -St. Clairsville, Belmont County Sheriff's Office, St. Clairsville Police Department, Bridgeport Fire Department, and Belmont County CISM.

- ✚ The MHR Board received \$211,560 in K-12 prevention funds specifically designated for school districts in Belmont, Harrison, and Monroe Counties. School districts prepared plans of action to empower their local communities that support prevention activities that reduce the risk of children developing behavioral health conditions.
- ✚ The Board partnered with the Ohio Department of Mental Health and Addiction Services to provide administrative oversight for the Community Transitions Program (CTP). CTP provides linkages to mental health and addiction services for persons transitioning from prison back to the community.
- ✚ The MHR Board was approved for a three-year Culture of Quality certification through the peer quality review process conducted by the Ohio Association of County Behavioral Health Authorities. The goals of this certification process are to improve overall quality of Board operations, enhance the role and status of the Boards; and promote community confidence and public support for Boards.
- ✚ The MHR Board received a \$625,000 grant to develop a withdrawal management program for adults in our three-county service district.
- ✚ Partnered with local service providers to expand access to school-based counseling services.

During fiscal year 2020 we also:

- ✚ Welcomed two new staff members. **Yukiko Comstock PCC**, Associate Director of Clinical and Support Services Care Management and **Rachel Scott**, Fiscal and Information Specialist.

FROM THE DIRECTOR CONTINUED

✚ Introduced four new board members, **Ms. Brenda Rinkes Mr. Joe Vavra, Ms. Allie Starr, and Ms. Jennifer Johnson.**

The outbreak and the impact of Coronavirus (COVID-19) during fiscal year 2020 reached each one of us in some way or another. All of us experienced what we call “collective trauma” from this never seen before pandemic that touched our national and global health among all ages. The virus not only caused physical illness, it had a wide impact one’s economic, social, and mental health wellbeing. Although COVID-19 forced the closure of many local businesses, the mental health and addiction agencies remained open. The Board moved quickly to assist contract agencies by purchasing personal protective equipment/supplies as well as by providing technological upgrades to support telemedicine and to promote continued access to behavioral healthcare. The Board also created numerous social media campaigns, commercials, articles, and billboards designed to increase awareness of available local resources. As the behavioral healthcare field continues to adjust to this “new normal”, we continue to collaborate with our network of providers and partners to offer resources and keep focus on our primary goal of quality treatment and ease of access of care for our communities.

On July 3rd, 2020, Ms. Jayn Devney retired after serving six years as the Board’s Executive Director. On behalf of the Board of Directors and Board Staff, we extend a sincere thank you to Ms. Devney for her contributions to our system of care and we wish her

the best as she begins a new chapter in her life. As I approach my first year as Director, my goal is to continue investing in developing and supporting recovery supports and services that best meet the needs of our communities. I also encourage you to join us in shifting the conversation around mental illness and addiction by reinforcing these are brain disorders, not character flaws, and by helping us to spread this message throughout our communities. If you would like more information about our network of care or current events and trainings, please visit our website at www.bhmboard.org or check out our Facebook page.

Best regards,

Lisa Ward PC
Executive Director



**Asking
for help
is a sign of
Strength.**

**For help call the
CRISIS HOTLINE
800-354-HELP**

MHRB
serving
Belmont, Harrison
& Monroe Counties

Billboards placed in Belmont, Harrison, and Monroe Counties to help the public maintain their mental health through the Covid-19 pandemic.



Culture of Quality

*Ms. Jayn Devney receiving the **Culture of Quality Award**. The Culture of Quality program has been developed by the Ohio Association of County Behavioral Health Authorities (OACBHA) and its member Boards to improve the quality of the statutorily mandated functions of county Boards administering local alcohol, drug addiction and mental health services for Ohioans.*

Understanding Addiction and Recovery Through a Child's Eyes—Jerry Moe Event February 2020

Helping kids cope with family addiction. Jerry Moe, national director of children's programs from the Hazelden Betty Ford Foundation, laid out strategies to help children with parents or other family members struggling with addiction cope and thrive. Mr. Moe's goal is to end the cycle of drug dependency and prevent these ills from being passed on to the next generation, along with teaching children self-care and coping when living in these situations.





Week of Appreciation

One week each year across Ohio and our local area, thanks goes out to the tireless efforts of first responders and other front-line workers. The Week of Appreciation is an opportunity to show support and appreciation to those who work directly with individuals struggling to overcome substance use disorders. Banners were placed in each of our three counties and care bags were delivered to law enforcement, firefighters, EMTs, emergency department staff, and anyone else who has saved lives and who may experience burnout or secondary trauma as a result of their work with individuals with addictions, especially heroin and other opiates.

Mental Health and Recovery Board

(serving Belmont-Harrison-Monroe Counties)
99 North Sugar Street, St. Clairsville, OH 43950
740.695.9998

www.bhmboard.org



Culture of Quality Certified Board