



Adult VIRTUAL Mental Health First Aid

Mental Health First Aid is a course that teaches you how to help someone who is developing a mental health problem or experiencing a mental health crisis. The training helps you identify, understand, and respond to signs of addictions and mental illnesses.

This training involves 2 hours of pre-work online and then 5.5 hours of virtual training

WHO SHOULD ATTEND: Anyone, age 18 and older, who wants to learn how to help an adult who may be experiencing a mental health related crisis or problem.

COST: FREE - limited to 20 participants

WHEN: Tuesday, February 23rd from 9AM - 3:30PM (2 hours of pre-work must be completed prior to 2/23/21)

WHERE: Virtual via Zoom

REGISTRATION: email namigreaterwheeling@gmail.com

PROVIDED BY



Greater Wheeling, WV